

Perfect Porridge Recipes

Our friends from Mary's Meals UK have shared these delicious porridge recipes with us ahead of the big celebration. You might want to try them at home or share them with a friend while you tell them about Mary's Meals.



Charlotte Oates' Strawberry, Maple and Pistachio Overnight Oats

Check out Charlotte's food blog: [Charlotte's Lively Kitchen](#)

Ingredients (serves 1)

- 2 oz porridge oats (rolled or steel cut)
- 4 oz milk
- 2 tsp maple syrup
- 1 tbsp pistachio nuts (chopped or whole)
- 1 handful strawberries

Method

1. The night before you want to eat them, put the oats in a bowl and cover with the milk. Cover the bowl and leave in the fridge overnight.
2. In the morning, slice a handful of strawberries.
3. Remove the oats from the fridge and mix in the sliced strawberries, pistachio nuts and maple syrup – you can mix them in or arrange them beautifully and take a quick picture for social media. Tag us [@marysmealsusa](#)
4. Enjoy!