

# Daily Reflections

Capture an uplifting moment from each day you want to remember. This can be a "God Sighting" or a moment that made you feel good. Close with a prayer.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Random Acts of Kindness

# Weekly Topics

Spend some quiet time with the Lord and reflect on the following, writing your thoughts here if you chose. After you reflect, consider starting a discussion with your family.

**Would you rather...**

Always be hot or always be cold? Why?

**"Everything I own really belongs to the poor." -St Elizabeth of Hungary**

How can you help those in need this Thanksgiving and Christmas?

**Read this weeks Gospel before going to mass and reflect on how it applies to your life.**

**Doodle Zone...**

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Top 3 Moments

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## What Would Jesus Do...

If a homeless man asked him for money to buy food? Why?

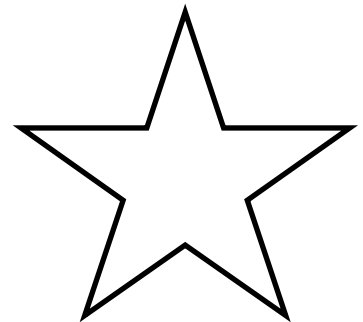
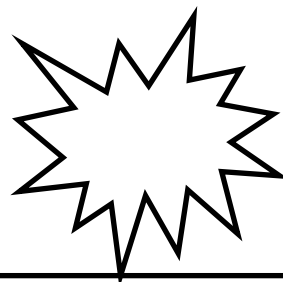
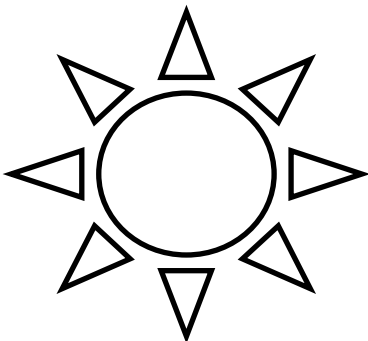
"Give thanks in all circumstances, for this is God's will for you."

1 Thessalonians 5:18

As Thanksgiving approaches, what do you thank God for?

There are 7 Gifts of the Holy Spirit. Find a video on the gift of Counsel. What good decisions has God helped you make today?

Color Zone...



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## Would you rather...

Hide spies in your house (Joshua 2) or hide a baby from Pharaoh (Exodus 1:15—2:10)? Why?

Find a quote from a Saint which speaks to you at this time in your life. Write it here.

Who are the people in your life you are most thankful for?  
Why?

## Doodle Zone...

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Find a Saint you are unfamiliar with who has a feast day this month. What are they known for?

There are 9 Fruits of the Holy Spirit. How can you show the fruit of Kindness today?

Finish the sentence; "Today I am thankful for..." Why?

Color Zone...

