



2024 Summer Challenge

To Know Christ, Be Known by Christ,
and Make Christ Known

Choose activities from this list to live out your faith this summer.
Check off activities as you complete them. Feel free to add your own.

To Know Christ (Worship, Word, and Catechesis)

- Have a question about our faith? See if you can find the answer, or ask Fr. Mark.
- Choose one topic about Catholicism and learn more about it; check FORMED
- Watch a movie about a saint on FORMED
- Go to Mass while on vacation
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Be Known by Christ (Prayer, Sacraments, Adoration)

- Learn a new prayer.
- Review prayers from the year.
- Go to Reconciliation Saturday at 8:30 am or 4 pm, or email Fr. Mark to make an appointment.
- Join us at Adoration Monday at 7 pm.
- Say a prayer before your ball game; ask God to keep you safe.
- Pray a Rosary or Divine Mercy Chaplet. Start with a decade.
- Pray before your meals.
- Try a new prayer app. Find a list on Kitchen Table Faith (ssjohnpaulfaithformation.org/).
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Make Christ Known (Invitation, Conversation, Engagement)

- Invite a friend to go to Mass with you.
- Volunteer to help a neighbor.
- Volunteer for VBS.
- Help with Family Fun Fest on June 22.
- Spend time with friends or family you don't see often.
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